



## **YMCA**

**We build strong kids, strong families, strong communities.**

### **Mission**

The mission of the YMCA is to put Christian principles into practice through programs that promote healthy spirit, mind, and body for all.

### **Brief History**

For over 150 years, the YMCA has worked to meet the needs of its community...

- YMCAs invented basketball, volleyball, and racquetball.
- YMCAs pioneered camping programs, public libraries, night schools, and teaching English as a second language.
- YMCAs introduced the world's first indoor swimming pools and developed the first group swim lessons.
- YMCAs offered after-school child care long before "latchkey kids" had been given a name.

YMCAs also helped other agencies get their start, such as...

- The Boy Scouts of America
- Camp Fire Girls
- The Negro National Baseball League
- The Gideons
- Toastmasters
- The Association for the Study of Negro Life and History
- Father's Day
- The United States Organization (USO)
- The Peace Corps

### **Benefits Of Being A Member**

- Access to all of the YMCAs in Colorado
- Reduced fees for some child care programs, including preschool, before and after school child care, summer day camp, and teen programs. (varies branch to branch)
- Reduced fees for youth sports programs
- Reduced or waived fees for specialty exercise classes, such as Yoga, Pilates, GetFIT, and many others
- Access to YMCAs throughout the country, as a part of the AWAY program

### **How To Be A Member**

The fees associated with becoming a member of the YMCA vary from branch to branch, due to differing facilities, program offerings, and locations. Listed below you will find each one of our branches located in Denver, along with their membership rates, and the Corporate rate that your employees will be required to pay as members.

# YMCA of Metropolitan Denver Branches

## CENTRAL YMCA

25 East 16<sup>th</sup> Avenue  
Denver, CO 80202  
303-861-8300

## LITTLETON FAMILY YMCA

11 West Dry Creek Court  
Littleton, CO 80120  
303-797-9622

## SCHLESSMAN YMCA

3901 East Yale Avenue  
Denver, CO 80210  
303-757-8484

## SOUTHWEST/CHATFIELD FAMILY YMCA

5181 West Kenyon Avenue  
Denver, CO 80236  
303-761-7530

## EAST DENVER YMCA

3540 East 31<sup>st</sup> Avenue  
Denver, CO 80205  
303-322-7761

## SUSAN M. DUNCAN FAMILY YMCA

6350 Eldridge Street  
Arvada, CO 80004  
303-422-4977

## JEFFCO FAMILY YMCA

11050 West 20<sup>th</sup> Avenue  
Lakewood, CO 80215  
303-233-8877

## Monthly Membership Corporate Rates

Membership Type	East	SW	Jeffco	Duncan	Schlessman	Central/ Littleton **
<b>Young Adult</b> (19-24yrs)	\$15.00	\$30.00	\$30.00	\$30.00	\$32.00	\$36.00
<b>Adult</b> (25-64yrs)	\$20.00	\$40.00	\$40.00	\$40.50	\$42.50	\$53.00
<b>Dual</b> <b>(Littleton Only)</b>						\$63.00
<b>One Parent Family</b>	\$25.00	\$49.50	\$49.50	\$51.00	\$53.00	\$66.00
<b>Family</b>	\$30.00	\$59.00	\$59.00	\$61.00	\$64.00	\$80.00
<b>Senior Adult</b> (60+)	\$15.00	\$30.00	\$30.00	\$30.00	\$34.00	\$40.00
<b>Senior Family</b> (60+)	\$23.00	\$45.00	\$45.00	\$45.00	\$52.00	\$61.00

\* -- fees also apply to Metropolitan membership, which allows access to all branches